



JULIE LYNN EVERY

Judy & Steve

Thank you for helping us to realize our  
DREAM for 2007! As you know, we joined  
the Power Source "Biggest Loser" contest in early  
2007 with <sup>the</sup> goal of changing our wellness, lifestyle  
and also "look fit and healthy" for our sons  
upcoming wedding which was in June, 2007. With  
your guidance and support, we did it!! The  
combined focus on nutrition and weight training  
resulted in both weight loss and toning for  
both of us. We are so pleased with our results.  
Better yet, we feel great and believe we're  
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in the best shape we've been in our entire lives. I also believe that your program & support helped me successfully run my 1st marathon in June - Grandmas. The "core" strength training and leg conditioning helped to endure the distance & suffer virtually no fatigue or injuries. Amazing.

Again - Thank you!

Julie Terry  
Dea Davidson